

### ABSTRACT

A device and a method for removing or modifying a material substance, comprising: applying energy to an intermediate material, said intermediate material subsequently delivering said energy to the target material. The device and the method  
5 also utilize active energy removal schemes in order to minimize pain, and/or protect some tissue and or control tissue modification and removal effects.

A system for enhancing and improving the delivery of a substance across a barrier. A substance is applied to the surface of the barrier to be penetrated. The substance is then brought in contact with a device containing an energy source, said  
10 energy source emit energy which causes an intermediate medium to drive the substance across the barrier.